



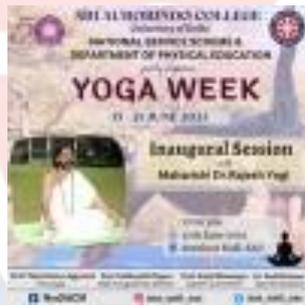
Sri Aurobindo College University of Delhi National Service Scheme



ANNUAL REPORT 2023-24

1. YOGA WEEK (INAUGURAL SESSION)

National Service Scheme Sri Aurobindo College, University of Delhi, inaugurated Yoga Week with great enthusiasm. The event began with a vibrant inaugural session, emphasising the holistic benefits of yoga for physical and mental well-being. Students and faculty participated eagerly, showcasing various yoga postures and breathing exercises. Expert yoga instructors led the session, offering insights into the ancient practice and its relevance in modern times. The atmosphere was filled with positive energy and a collective spirit of mindfulness and wellness. The event set a promising tone for the week ahead, fostering a culture of health and harmony within the college community.



2. COMPETITIONS (POSTER AND QUIZ)

National Service Scheme Sri Aurobindo College, University of Delhi, continued Yoga Week with exciting competitions. The events featured a quiz and a poster-making contest, emphasising the importance of yoga and wellness. Students participated eagerly, demonstrating their knowledge in the quiz and creativity in the poster-making competition. The quiz covered various aspects of yoga, including its history, benefits, and different asanas. The poster contest allowed students to express their artistic talents, highlighting the beauty and significance of yoga. The atmosphere was filled with enthusiasm and a spirit of friendly competition. These activities further enriched Yoga Week, promoting awareness and engagement within the college community.

Questions

Which of these is also known as the crocodile pose?

- Bhujangasana
- Padmasana
- Makarasana
- Matsyena

What is the technique of controlling breath called?

- Anana
- Pranayama
- Mudra
- Surya Namaskar

3. YOGA DAY MASS DEMONSTRATION

National Service Scheme Sri Aurobindo College, University of Delhi, celebrated Yoga Week with a grand Yoga Day mass demonstration. The event featured a large gathering of students and faculty practising yoga together in perfect harmony. The mass demonstration showcased a series of yoga postures and breathing exercises, led by expert instructors. Participants followed along enthusiastically, creating a unified atmosphere of peace and wellness. The event highlighted the physical and mental benefits of yoga, fostering a sense of community and collective mindfulness. The vibrant energy and spirit of togetherness made the Yoga Day mass demonstration a memorable highlight of Yoga Week.



4. YOGA WITH FAMILY

National Service Scheme Sri Aurobindo College, University of Delhi, embraced the spirit of togetherness during Yoga Week with a special "Yoga with Family" event. Families joined in, creating a heartwarming atmosphere of unity and wellness. Participants of all ages practised yoga postures and breathing exercises, guided by expert instructors. The event emphasised the importance of family bonding through the practice of yoga. Children, parents, and grandparents alike engaged enthusiastically, fostering a sense of collective mindfulness and health. The "Yoga with Family" session enriched Yoga Week, highlighting the joy and benefits of practising yoga together as a family.



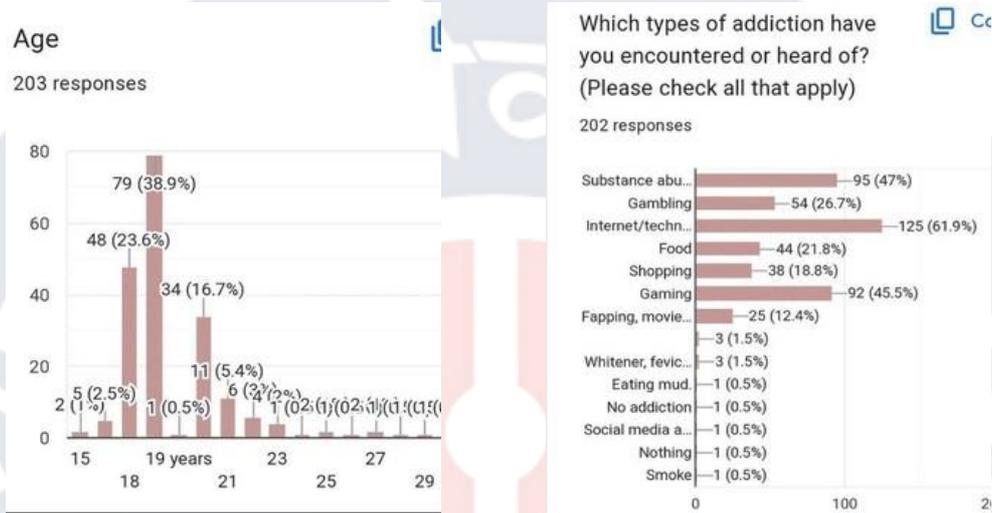
5. Y BREAK AT COLLEGE

National Service Scheme Sri Aurobindo College, University of Delhi, incorporated refreshing "Yoga Breaks" during Yoga Week. Throughout the day, students and faculty took short breaks to practise yoga together, creating moments of relaxation and rejuvenation. These breaks included simple yoga postures and breathing exercises, led by experienced instructors. The initiative aimed to reduce stress, improve focus, and enhance overall well-being. Participants eagerly embraced these breaks, enjoying the opportunity to pause and reconnect with themselves. The "Yoga Breaks" added a refreshing and energising element to the college routine, promoting a culture of health and mindfulness.



6. SURVEY SAGA

NSS, Sri Aurobindo College, successfully conducted the Survey Saga-Addiction Survey under Project-AOA on July 13, 2023. Guided by Johann Hari's insight, "Addiction is an adaptation; it's not you-it's the cage you live in." The survey aimed to gather valuable information on addiction's prevalence and impact. Participants contributed insights through an anonymous Google Form. Collected data will be used for research, fostering understanding and promoting a more supportive society. The contribution played a vital role in addressing this societal challenge.



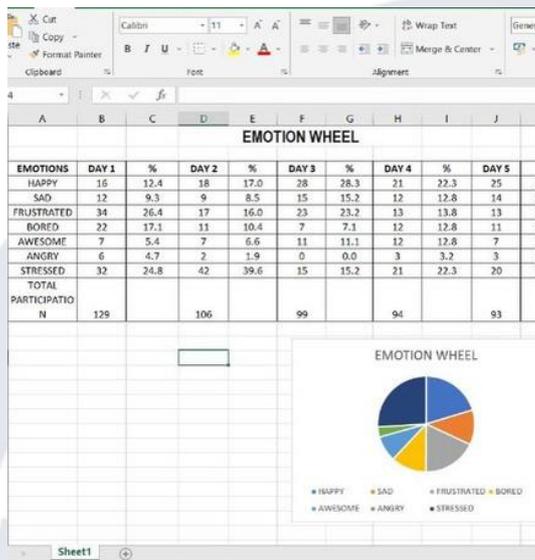
7. सजं ीवनी

NSS, Sri Aurobindo College, conducted the successful □□□ ी□□□ - A Plantation Drive on July 15, 2023, under Project-VASUNDHARA. Embracing John Muir's wisdom, "In every walk with Nature, one receives far more than he seeks," participants actively planted trees, emphasising the crucial role of trees in sustaining life. The event encouraged individuals to plant trees in various locations, capturing moments through photographs and videos, fostering a sense of responsibility towards nature.



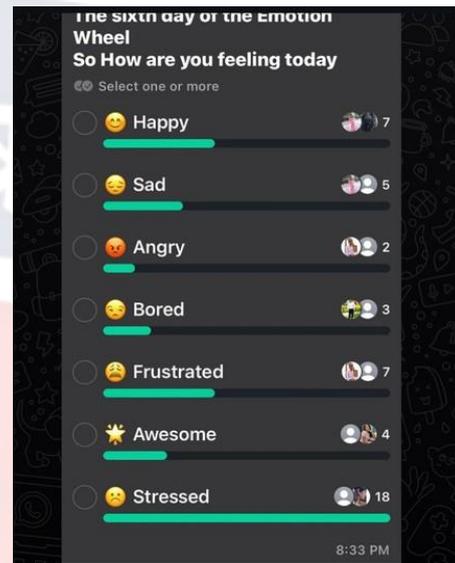
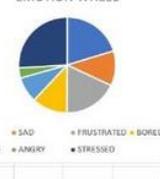
8. EMOTION WHEEL

NSS, Sri Aurobindo College, presented Emotion Wheel-The Mood Tracker by Project-WeHeal, a 7-day activity. Participants engaged in daily emotion polls and created pie charts summarising their emotional experiences. The event aimed to foster open discussions and concluded with an insightful online group discussion on the 7th day, encouraging mutual understanding and genuine expression. The event wrapped up on July 24th with a reflective online meet.



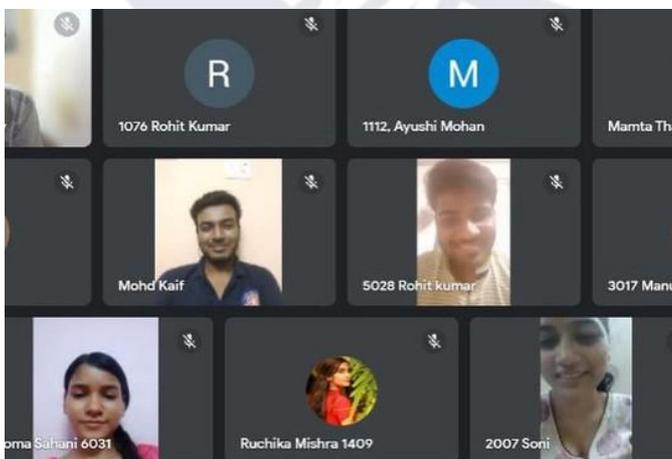
| EMOTIONS | DAY 1 | % | DAY 2 | % | DAY 3 | % | DAY 4 | % | DAY 5 | % |
|--------------------|-------|------|-------|------|-------|------|-------|------|-------|---|
| HAPPY | 15 | 12.4 | 18 | 17.0 | 28 | 28.3 | 21 | 22.3 | 25 | 2 |
| SAD | 12 | 9.3 | 9 | 8.5 | 15 | 15.2 | 12 | 12.8 | 14 | 1 |
| FRUSTRATED | 34 | 26.4 | 17 | 16.0 | 23 | 23.2 | 13 | 13.8 | 13 | 1 |
| BORED | 22 | 17.1 | 11 | 10.4 | 7 | 7.1 | 12 | 12.8 | 11 | 1 |
| AWESOME | 7 | 5.4 | 7 | 6.6 | 11 | 11.1 | 12 | 12.8 | 7 | 1 |
| ANGRY | 6 | 4.7 | 2 | 1.9 | 0 | 0.0 | 3 | 3.2 | 3 | 1 |
| STRESSED | 32 | 24.8 | 42 | 39.6 | 15 | 15.2 | 21 | 22.3 | 20 | 2 |
| TOTAL PARTICIPATIO | N | 129 | 106 | 99 | 94 | 93 | | | | |

EMOTION WHEEL



9. ECO YOUTH

NSS, Sri Aurobindo College, successfully organised ECO_YOUTH by Project- Kilkari on July 20, 2023. Commemorating World Conservation Day and International Youth Day, the event emphasised "Awareness and Protection of Nature and Biodiversity for a Healthy Environment." Participants engaged in a stimulating Quiz Session and a hands-on 'Waste to Wonder' activity, promoting sustainable practices. The event, held on an online platform, encouraged voluntary participation, emphasising the significance of conservation.



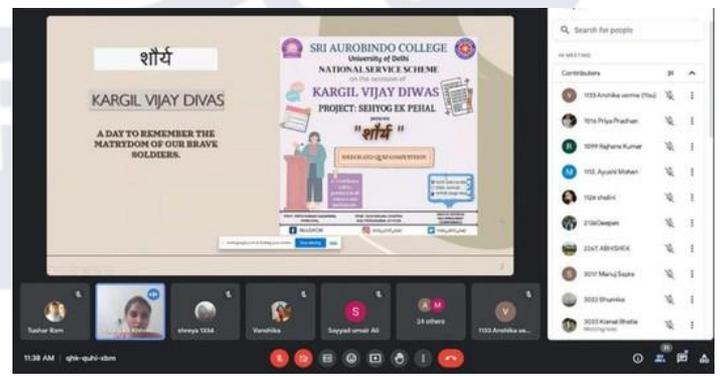
10. PARENT'S DAY

NSS, Sri Aurobindo College, celebrated Parents' Day with A Family Day - Little Moments, Precious Memories. The event, emphasising universal love between parents and children, featured various activities like shared culinary delights, cinematic experiences, and nature outings. Participants created lasting memories, submitting entries, including photographs and shared experiences. The celebration aimed to honour and strengthen the special bond between parents and children.



11. SHAURYA

NSS, Sri Aurobindo College, organised the Shaurya Speech Competition in remembrance of Kargil heroes on Kargil Vijay Diwas. Divyang volunteers from Project Sehyog presented impactful speeches on the theme "Kargil Vijay Diwas." Held on July 26th, the event recognized the sacrifices and patriotism of our brave soldiers, with E-certificates awarded to the top two participants.



12. WE FOR HER

NSS, Sri Aurobindo College, recently conducted the "WE FOR HER" pad donation drive, inspired by Manushi Chhillar's call for open discussions on menstrual hygiene. The event, held on July 29, encouraged participants to purchase and gift sanitary pads, capturing moments through photos and videos. By uploading visuals to the provided Google Drive link, contributors played a vital role in promoting menstrual health and supporting women in need.



13. ANIMAL FEEDING DRIVE

NSS, Sri Aurobindo College, hosted the "ANIMAL FEEDING DRIVE" on August 5, 2023, aligning with Mahatma Gandhi's values on animal treatment. Participants contributed pet essentials, capturing moments in pictures and videos, uploaded to a Google Drive folder. The drive aimed to nurture street animals, fostering a compassionate community.



14. ANGDAAN MAHOTSAV (QUIZ AND SLOGAN COMPETITION)

National Service Scheme Sri Aurobindo College, University of Delhi, celebrated Angdaan Mahotsav with engaging activities. The events featured a quiz and a poetry competition, focusing on the importance of organ donation. Students participated eagerly, demonstrating their knowledge in the quiz and creativity in the poetry competition. The quiz covered various aspects of organ donation, including its benefits and procedures, while the poetry contest allowed students to express their thoughts and emotions on the subject through verse. The atmosphere was filled with enthusiasm and a spirit of awareness and compassion. These activities enriched Angdaan Mahotsav, promoting education and engagement within the college community.



15. ANGDAAN MAHOTSAV(PLEDGE)

National Service Scheme Sri Aurobindo College, University of Delhi, marked Angdaan Mahotsav with a heartfelt pledge ceremony. Volunteers, families, and other participants gathered to commit to organ donation, emphasising its life-saving potential. The event included inspiring speeches from those whose lives were touched by organ donation. Participants took a solemn pledge, affirming their decision to become organ donors. The atmosphere was filled with hope and solidarity, as everyone joined hands in this noble cause. The ceremony fostered a sense of community and shared responsibility, highlighting the importance of giving the gift of life. The collective pledge during Angdaan Mahotsav reinforced the spirit of compassion and altruism within the college community.



16. अनुरोध

National Service Scheme, Sri Aurobindo College, hosted the documentary "□□□□□□" on August 9, 2023, addressing addiction and resolution. The event featured insights from Dr. Sahni, emphasising voluntary participation. Participants engaged in an insightful exploration of addiction's complexities, contributing to a healthier, addiction-free future. The NSS team awaited active involvement in this meaningful initiative, reflecting a commitment to addressing crucial concerns.



17. नारी श

National Service Scheme, Sri Aurobindo College, organised "□□□□ □'m " on August 10, 2023, addressing women's rights and awareness. The event focused on challenges like discrimination and violence, urging participants to actively contribute to promoting gender parity and fostering inclusivity. The engagement fueled empowerment and played a vital role in transforming perspectives toward a more equitable future.



18. PSYCHIATRIST TALK

National Service Scheme, Sri Aurobindo College, University of Delhi conducted the event "PSYCHIATRIST TALK" on August 11, 2023, under Project WeHeal. The session featured Khushboo Bairwa, an experienced Associate Professor from JNU Medical College & Hospital in Jaipur, providing expert insights into various psychotherapies. Participants engaged in voluntary discussions, fostering an open dialogue around mental health. The event aimed to illuminate the complexities of mental well-being and empower individuals to explore psychological roots. The active involvement contributed to creating a supportive community for mental health awareness and dialogue.



19. GREEN PLEDGE: MERI MAATI MERA DESH

National Service Scheme Sri Aurobindo College, University of Delhi, enthusiastically participated in the "Green Pledge: Meri Matti Mera Desh" initiative. Students and faculty came together to pledge their commitment to environmental conservation and sustainability. The event featured tree planting and awareness campaigns to promote eco-friendly practices and protect our planet. Participants engaged in discussions on waste management, renewable energy, and reducing carbon footprint. The atmosphere was filled with optimism and determination to make a positive impact on the environment. The "Green Pledge: Meri Mitti Mera Desh" initiative strengthened the college community's resolve to nurture and preserve our natural resources.



20. KILLER MANJHA

National Service Scheme, Sri Aurobindo College, University of Delhi organised the event "KILLER MANJHA" on August 12, 2023, under Project VASUNDHARA. This initiative aimed to raise awareness about the hazards of Chinese kite strings, particularly their impact on birds. The event featured a talk emphasising the need for safer alternatives, and participants actively engaged in discussions, pledging to promote responsible kite flying. The team appreciated the enthusiastic involvement, reinforcing the collective commitment to ensuring harm-free skies.



21. INDEPENDENCE DAY WITH THE FLAG HOISTING CEREMONY THE "MERI MAATI MERA DESH"

National Service Scheme Sri Aurobindo College, University of Delhi, proudly celebrated Independence Day with the flag hoisting ceremony. The "Meri Matti Mera Desh" theme resonated throughout the event, emphasising patriotism and national pride. Students and faculty gathered in unity to honour the sacrifices of freedom fighters and reaffirm their commitment to the nation. Inspirational speeches highlighted the significance of independence and the responsibilities of citizens towards building a strong, progressive India. Cultural performances added vibrancy to the celebration, showcasing the diversity and richness of Indian heritage. The flag hoisting ceremony on Independence Day at Sri Aurobindo College fostered a spirit of unity, patriotism, and collective responsibility among the college community.



22. HONOURING A FREEDOM FIGHTER

National Service Scheme Sri Aurobindo College, University of Delhi, solemnly honoured a revered freedom fighter . The ceremony paid tribute to their indomitable courage and unwavering commitment to India's independence . Students and faculty gathered to commemorate their sacrifices and contributions to the nation's freedom struggle. Inspirational anecdotes and speeches recalled the heroism and ideals of the freedom fighter, inspiring present generations to uphold their legacy . The event was filled with reverence and gratitude, underscoring the importance of remembering and cherishing the sacrifices made for our country's sovereignty . The tribute to the freedom fighter at Sri Aurobindo College instilled a sense of pride and patriotism within the college community.



23. AZADI UTSAV

National Service Scheme Sri Aurobindo College, University of Delhi, joyously celebrated Azadi Utsav, commemorating India's Independence Day. The event honoured the sacrifices of freedom fighters and highlighted the values of unity and progress. Activities included flag hoisting ceremonies , cultural performances , and insightful discussions on the significance of independence . Inspirational speeches encouraged unity and contribution to India's future, fostering pride and commitment among the college community.



24. HAR GHAR TIRANGA

National Service Scheme, Sri Aurobindo College, University of Delhi, launched the "Har Ghar Tiranga" initiative with great enthusiasm. Students and faculty adorned their homes with the tricolour, symbolising unity and national pride. The campaign encouraged displaying the flag prominently, fostering solidarity and respect for our nation's heritage. Participants shared photos and stories of their decorated homes on social media, spreading the spirit of patriotism. This initiative celebrated cultural diversity and unity while reaffirming our commitment to the values of freedom and unity.



25. PRABHAT PHERI

National Service Scheme, Sri Aurobindo College, University of Delhi, organised "Prabhat Pheri" with enthusiasm as part of the "Meri Mitti Mera Desh" initiative. Students and faculty gathered early for a morning walk, promoting health and unity. The event emphasised connecting with nature and fostering a sense of community. Participants enjoyed the refreshing outdoors while reflecting on their commitment to environmental conservation and national pride. "Prabhat Pheri" at Sri Aurobindo College encouraged a healthy lifestyle and a deeper appreciation for our country's natural beauty and heritage.



26. TREE PLANTATION DRIVE (75) MERI MAATI MERA DESH

National Service Scheme Sri Aurobindo College, University of Delhi, initiated a tree plantation drive as part of the "Meri Mitti Mera Desh" campaign. In honour of the 75th anniversary of independence, students and faculty came together with shovels and saplings to plant trees across campus and surrounding areas. The event aimed to enhance green cover, combat climate change, and instil a sense of environmental stewardship among participants. Inspirational speeches highlighted the importance of sustainable practices and preserving our natural resources for future generations. The tree plantation drive at Sri Aurobindo College symbolised collective efforts towards a greener and healthier India .



27. रेशम क डोरी

National Service Scheme, Sri Aurobindo College celebrated the spirit of Rakshabandhan through the event "□□□□ □'r □□□□" ("Embracing Love and Togetherness") from August 29 to September 2, 2023. Exclusively for CSWN volunteers, the online event encouraged participants to share Rakhi moments by uploading pictures and videos with their siblings. The celebration honoured the unique bond between brothers and sisters, making it a memorable experience.



28. SERENITY - HEALING FROM WITHIN

National Service Scheme, Sri Aurobindo College, University of Delhi partnered with the Rotaract Club of Sri Aurobindo College to host their flagship event, HAUSLA 5.0, a mental health awareness drive held from 1st to 5th September 2023. The collaboration aimed to address and diminish the societal stigma surrounding mental health issues. An integral part of the event was the enlightening 'Therapist Session - SERENITY,' facilitated by the renowned therapist and psychiatrist, Miss Ekta Khurana. These sessions covered diverse topics, including family, relationships, career, and gender-related concerns.



29. STATIONERY SHARING FIESTA

National Service Scheme, Sri Aurobindo College, University of Delhi, conducted the "Stationery Sharing Fiesta" on September 4, 2023. This impactful event aimed to make a difference through education by organising a Stationery Donation Drive at DDA park. Generous donors, inspired by Kathy Calvin's quote, contributed various stationery materials. Volunteers, wearing NSS t-shirts, ensured a punctual and united effort, making the initiative a success.



30. ाक तक सर

Nature enthusiasts at National Service Scheme, Sri Aurobindo College, University of Delhi, immersed themselves in the past event " □□□f□□ □□□" on September 12, 2023. Inspired by Albert Einstein's wisdom, the event involved a captivating visit to "Amrit Udhyan" within the Rashtrapati Bhavan premises. Departing from the college at 11:00 AM, participants explored the beauty of nature and engaged in an on-the-spot quiz competition themed "The Splendor of Plants," offering a chance to win delectable prizes and goodies.



31. TOUCHSAFE EXPO

National Service Scheme, Sri Aurobindo College, Delhi University, successfully organised the "TOUCHSAFE EXPO" on September 14, 2023, focusing on educating children about good touch and bad touch. The exclusive session at DDA Park involved animated films and discussions, emphasising safety and empowerment. Kilkari volunteers actively participated, wearing NSS T-shirts. The initiative aimed to create a safer world for children, encouraging them to speak up if uncomfortable.



32. G20 SESSION

National Service Scheme, Sri Aurobindo College, University of Delhi, proudly hosted the G20 event on Indo-China relations for the students of our esteemed institution. The event, filled with meticulous planning and enthusiastic participation, served as a wonderful platform to strengthen our sense of community and friendship. Students embraced new challenges, explored various avenues, and seized opportunities for learning and growth. We express gratitude to all who contributed to the success of the event and encourage continued participation in such enriching experiences.



33. TEACHER'S DAY

National Service Scheme, Sri Aurobindo College, University of Delhi, celebrated Teachers' Day on September 14, 2023. Classrooms were adorned, teachers were warmly welcomed, and a specially designed cake was cut to mark the occasion. Melodious songs added to the festive atmosphere, creating a memorable tribute to the dedicated educators.



34. CLEANLINESS DRIVE (COLLEGE PREMISES)

National Service Scheme Sri Aurobindo College, University of Delhi, organized a cleanliness drive within the college premises with enthusiastic participation from students and faculty. The event focused on maintaining a clean and hygienic environment. Participants diligently cleaned classrooms, corridors, and outdoor areas, promoting a sense of responsibility towards cleanliness . Inspirational speeches emphasized the importance of cleanliness in fostering a conducive learning atmosphere. The cleanliness drive at Sri Aurobindo College demonstrated the community's commitment to a cleaner and healthier campus.



35. CLEANLINESS DRIVE (ADOPTED VILLAGE BEGUMPUR)

National Service Scheme Sri Aurobindo College, University of Delhi, embarked on a cleanliness drive in the adopted village of Begumpur with dedicated enthusiasm. Students and faculty joined hands to improve sanitation and hygiene standards in the community. The initiative included cleaning streets, public spaces, and educating villagers on waste management practices . Inspirational interactions highlighted the importance of maintaining cleanliness for a healthier and sustainable environment. The cleanliness drive in Begumpur exemplified the college's commitment to community service and fostering positive change.



36. CLEANLINESS DRIVE (MARKET PLACES)

National Service Scheme Sri Aurobindo College, University of Delhi, launched a lively cleanliness drive in local marketplaces with enthusiastic participation from students and faculty. The initiative aimed to enhance sanitation and hygiene standards in bustling commercial areas. Participants worked diligently to clean streets, sidewalks, and public facilities, promoting a cleaner and more pleasant shopping experience. Educational sessions on waste management and litter reduction were conducted to raise awareness among vendors and shoppers alike. The cleanliness drive at marketplaces underscored the college's commitment to community service and creating a cleaner environment for all.



37. SWACHHTA PLEDGE

National Service Scheme Sri Aurobindo College, University of Delhi, conducted a pledge ceremony on Swachhta, emphasising the importance of cleanliness and hygiene. Students and faculty gathered to reaffirm their commitment to maintaining a clean environment. The pledge included promises to reduce waste, recycle responsibly, and promote cleanliness in both personal and public spaces. Inspirational speeches encouraged everyone to take proactive steps towards a cleaner and healthier community . The Swachhta pledge at Sri Aurobindo College aimed to instil a sense of responsibility and foster positive habits for sustainable living.



38. AWARENESS RALLY ON SWACHHTA

National Service Scheme Sri Aurobindo College, University of Delhi, organised an energetic awareness rally on Swachhta, aimed at promoting cleanliness and hygiene within the community. Students and faculty marched through the streets, carrying banners and placards, spreading messages about waste management and environmental conservation. The rally included informative sessions and interactive activities to educate participants and bystanders alike. Inspirational speeches underscored the importance of individual and collective efforts in maintaining a clean and healthy environment. The awareness rally on Swachhta at Sri Aurobindo College was a dynamic initiative aimed at fostering civic responsibility and promoting sustainable practices among participants.



39. CLOTH BAG DISTRIBUTION IN PUBLIC

National Service Scheme Sri Aurobindo College, University of Delhi, launched a campaign to distribute cloth bags in public areas as part of their environmental initiative. Students and volunteers enthusiastically handed out reusable bags to raise awareness about reducing plastic usage and promoting sustainability. The distribution aimed to inspire individuals to adopt eco-friendly practices and contribute towards a cleaner environment. Participants engaged with the community, discussing the benefits of using cloth bags and their role in reducing plastic waste. This initiative showcased Sri Aurobindo College's commitment to environmental stewardship and fostering eco-conscious behaviours among the public.



40. FIT INDIA SWACHHTA FREEDOM RUN 4.0 : BEGUMPUR MOSQUE

National Service Scheme Sri Aurobindo College, University of Delhi, actively participated in the Fit India Run 4.0 at Begumpur. Students and faculty joined the event with high spirits, promoting fitness and well-being. The run aimed to inspire and encourage physical activity among participants while highlighting the importance of a healthy lifestyle. Participants jogged through the scenic routes of Begumpur, showcasing their dedication to fitness. Inspirational speeches emphasized the benefits of regular exercise and staying active for overall well-being. The Fit India Run 4.0 at Begumpur reflected Sri Aurobindo College's commitment to fostering a culture of fitness and holistic development among its community members.



41. FIT INDIA SWACHHTA FREEDOM RUN 4.0: QUTUB MINAR

National Service Scheme Sri Aurobindo College, University of Delhi, enthusiastically participated in the Fit India Swachhta Freedom Run 4.0 at Qutub Complex. Students and faculty joined the event with great enthusiasm, promoting both fitness and cleanliness. The run aimed to raise awareness about the importance of physical activity and maintaining cleanliness in public spaces. Participants jogged through the historic Qutub Complex, symbolising the integration of fitness with heritage preservation. Inspirational speeches emphasised the significance of a healthy lifestyle and environmental responsibility. The Fit India Swachhta Run 4.0 at Qutub Complex exemplified Sri Aurobindo College's commitment to holistic well-being and community engagement.



42. 54TH NSS DAY CELEBRATION

National Service Scheme, Sri Aurobindo College, marked its 54th NSS Day on September 25, 2023, with "Service Sparks: Ignite the Change." The event featured diverse performances in dance, music, and more, promoting compassion. Held in the Seminar Room at 9:45 AM, attendees adorned formal/ethnic attire, and the esteemed Principal's presence added significance. Together, participants celebrated NSS's spirit of service, aiming to ignite positive change for a better world.



43. FICCI - MASCRADE 2023

National Service Scheme, Sri Aurobindo College, hosted "FICCI - Mascrade 2023" on September 28th and 29th, 2023, focusing on combating Illicit Trade through Project-AOA. The event featured esteemed speakers like Shri Ravi Shankar Prasad and Mr. Anil Rajput at ITC Maurya Mall. Attendees were required to bring their college ID cards for entry, providing a valuable opportunity to gain insights and address illicit trade challenges.



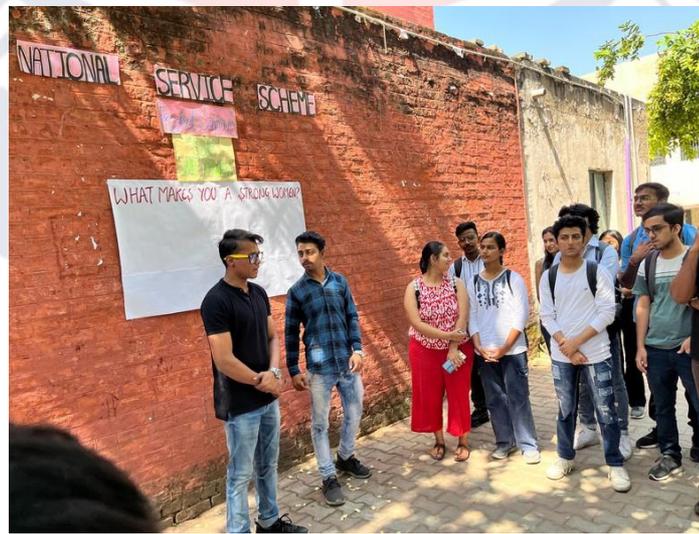
44. EK TAREEKH EK GHANTA

National Service Scheme Sri Aurobindo College, University of Delhi, successfully conducted the Cleanliness Drive as part of the Swachhta Hi Sewa (SHS) Campaign, named Ek Tareekh Ek Ghanta, on October 1, 2023. The event aimed to promote civic responsibility and sustainability, following the guidelines of the Ministry of Youth Affairs & sports, Government of India. Participants enthusiastically engaged in cleaning activities in nearby college and school areas, emphasising the importance of cleanliness in our society. They also raised awareness through community engagement and social media outreach, encouraging broader participation and highlighting their dedication to creating a cleaner environment.



45. SHE- THE POWER

National Service Scheme, Sri Aurobindo College, Delhi University, successfully organised the "SHE- The Power" event on October 3, 2023, under Project (SAVIOUR). Dedicated to empowering women and unlocking their potential, the event aimed to shape an inclusive future for all. Held near the red wall, the inspiring gathering encouraged the sharing of thoughts and experiences to foster empowerment. Participants actively engaged in discussions, contributing to a remarkable and enriching journey.



46. EMOTIONS DILEMMA

National Service Scheme, Sri Aurobindo College, Delhi University, successfully hosted the "Emotions Dilemma" event on October 4, 2023, under Project (WE-HEAL). Participants delved into the intricacies of emotions, exploring those under their control and those that remained elusive. The event, held at Red Wall, provided a platform for understanding and managing emotions while fostering camaraderie through shared experiences. Attendees actively engaged in discussions surrounding the complexities of emotions.



47. THROW AND KNOW

National Service Scheme, Sri Aurobindo College, University of Delhi, successfully organised the "Throw and Know" event on October 4th, 2023, under Project-AOA. The engaging knowledge game aimed to shed light on addiction in a fun and interactive manner. Participants actively took part in discussions and answered questions, contributing to spreading awareness. The event, held on the college campus, provided a thrilling platform for learning about addiction.



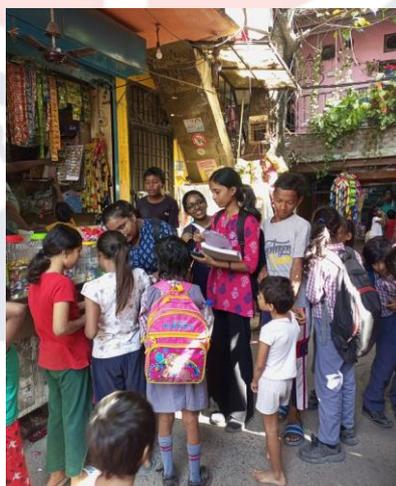
48. EK ACCHI AADAT

National Service Scheme, Sri Aurobindo College, (PROJECT-VASUNDHARA) University of Delhi, passionately introduced "EK ACCHI AADAT" (Fostering habits that benefit our planet). This initiative aimed to inspire everyone to embrace eco-friendly habits, focusing on shaping our Earth into a healthier and safer haven for future generations. The event on 5th October, 2023, at 11:00 A.M. at the Red Wall successfully motivated participants to adopt practices nurturing a better and brighter tomorrow.



49. PATHSHALA PRAVESH

National Service Scheme, Sri Aurobindo College, University of Delhi, (Project-Kilkari), recently conducted the impactful event "Pathshala Pravesh" on October 6, 2023, at Begumpur Village. Volunteers motivated children in the Begumpur Slum to join the "PATHSHALA", emphasizing the significance of education for underprivileged kids. The active participation of volunteers, wearing their NSS T-shirts or badges, contributed to this successful and empowering initiative.



50. MERI MAATI MERA DESH PHASE-2

National Service Scheme, Sri Aurobindo College, University of Delhi, proudly joined the 'Meri Maati-Mera Desh Campaign Phase-2', fostering unity and patriotism under the Ministry of Youth Affairs and Sports. The event on 6th October 2023 at Qutub Complex, New Delhi, aimed to nurture unity by planting earthen pots, collecting soil or rice, and rallying for national unity. Reflecting Rabindranath Tagore's words, "The roots of a nation lie in the soil of its homeland," this initiative highlighted the dedication of NSS volunteers to strengthening India's unity.



51. MERI MAATI MERA DESH: KARTVYA PATH

National Service Scheme, Sri Aurobindo College, University of Delhi, attended an inspiring event Meri Maati Mera Desh at Kartavya Path, graced by the presence of Prime Minister Narendra Modi. The event, dedicated to honouring the land and the nation, was a spectacular celebration of patriotism and unity. Students participated enthusiastically, waving flags and singing patriotic songs, creating an atmosphere filled with pride and devotion. The presence of the Prime Minister added immense value to the event, inspiring everyone to contribute towards the nation's progress. This unforgettable experience fostered a deeper sense of responsibility and love for the country among the attendees.



52. ORIENTATION

National Service Scheme, Sri Aurobindo College, University of Delhi, concluded the event TRANSFORMATION QUEST on October 11, 2023. The orientation welcomed 1st-year volunteers and freshers, fostering enthusiasm and a commitment to transformation within NSS.



53. SHURVEER

National Service Scheme (Project - Kilkari), Sri Aurobindo College, University of Delhi, organized "□Rc□□□" ("Their Sacrifice, Our Tribute") on Police Martyrs Day (18th October, 2023), starting at 11:00 AM at Police station, Malviya Nagar. Exclusively for Kilkari volunteers, the event paid tribute to police force sacrifices. Participants expressed gratitude for their supreme sacrifice, honouring unsung heroes in the line of duty.



54. SPECIAL CAMPAIGN 3.0 FOR SWACHHATA

National Service Scheme Sri Aurobindo College, University of Delhi, successfully conducted the Special Campaign 3.0 for Swachhata, following directives from the Government of India, Ministry of Youth Affairs and Sports. This nationwide cleanliness movement took place from 2nd to 31st October 2023, aiming to enhance cleanliness and address public grievances.

A cleanliness drive was organised at Begumpur Mosque on 19th October 2023, starting at 10:00 AM, encouraging active participation to positively impact the environment and community. Participants enthusiastically joined hands, demonstrating their commitment to fostering a cleaner future.



55. SHADES OF SELF

National Service Scheme, (Project AOA) Action on Addiction, Sri Aurobindo College, University of Delhi, presented "Shades of Self" on October 20, 2023, at the Red Wall. The event celebrated self-expression and individuality through diverse art forms, interactive sessions, and a colorful workshop symbolizing perspectives on addiction. Participants discussions discovered their identity, unleashed creativity, and engaged in meaningful discussions.



56. SASHAKT(MEGA EVENT).

National Service Scheme, Sri Aurobindo College, University of Delhi, hosted "SASHAKT" on October 26, 2023, at the Seminar Hall. This inclusive event celebrated empowerment, providing a space for disabled individuals to share thoughts and seek guidance. With a cultural extravaganza and thrilling games, it created a day of excitement and empowerment. The NSS team looked forward to maximum participation for this inclusive celebration.



57. KHELOTSAV

National Service Scheme, Sri Aurobindo College, University of Delhi, organised the sports festival "KHELOTSAV" on October 28, 2023, at DDA park. Recognizing the importance of sports in holistic development, the event aimed to nurture talent among children in the Begumpur slum through various games and activities. Open to all volunteers, the festival encouraged active participation, emphasising the positive impact sports can have on young minds.



58. NUKKAD NATAK

National Service Scheme, Sri Aurobindo College, University of Delhi, conducted the "NUKKAD NATAK" environmental awareness event on October 30, 2023, at SKV-1 Puran Nagar, Palam Colony, New Delhi. Exclusively for Vasundhara volunteers, the event featured impactful Nukkad natak performances inspiring environmental action. Attendees, donned in white kurta/kurti, experienced an educational journey into environmental stewardship.



59. NATIONAL UNITY DAY (PLEDGE)

National Service Scheme Sri Aurobindo College, University of Delhi, observed National Unity Day with a pledge. Students and faculty came together to reaffirm their commitment to unity, integrity, and the ideals of Sardar Vallabhbhai Patel. The pledge ceremony highlighted the importance of fostering harmony and solidarity among diverse communities. Inspirational speeches underscored the significance of upholding India's unity in diversity. Participants vowed to contribute actively towards nation-building and promoting a strong, cohesive India. The National Unity Day pledge at Sri Aurobindo College symbolised the spirit of unity and integration among its members.



60. NATIONAL UNITY DAY (SLOGAN AND QUIZ COMPETITION)

National Service Scheme Sri Aurobindo College, University of Delhi, organised a spirited slogan and quiz competition on National Unity Day. Students enthusiastically participated in crafting inspiring slogans that celebrated India's diversity and unity. The competition fostered a sense of patriotism and solidarity among participants, highlighting the values of tolerance and mutual respect. Simultaneously, the quiz challenged students' knowledge about India's history, culture, and the contributions of national heroes towards unity. The event was a vibrant tribute to the vision of Sardar Vallabhbhai Patel and his efforts in uniting India. Through these competitions, Sri Aurobindo College reinforced its commitment to nurturing future leaders who uphold the ideals of national unity and integration.



61. KHADI MAHOTSAV

National Service Scheme Sri Aurobindo College, University of Delhi, successfully organised the Khadi Mahotsav, promoting the heritage and innovation of Khadi. Under the guidance of the Ministry of Youth Affairs & Sports, the event featured various activities including a banner, poster, jingle, and film presentation. Volunteers enthusiastically participated in contests such as the Khadi Quiz, Slogan Writing, and Jingle Contest, emphasising active engagement and awareness. The campaign aimed to celebrate tradition while integrating modern approaches, encouraging widespread participation until the deadline on October 25, 2023.



62. PAVATI(MEGA EVENT) : SPEAKER SESSION

National Service Scheme, Sri Aurobindo College, University of Delhi, successfully organised "Pavati" on November 3, 2023. This event focused on breaking chains and rebuilding lives, featuring interactive sessions, dances, singing, open mic, and engaging games. Participants enjoyed a blend of fun and knowledge, contributing to the event's success.



63. PAVATI (COMPETITIONS)

National Service Scheme, Sri Aurobindo College, University of Delhi, successfully organised "Pavati" on November 3, 2023. This event focused on breaking chains and rebuilding lives, featuring interactive sessions, dances, singing, open mic, and engaging games. Participants enjoyed a blend of fun and knowledge, contributing to the event's success.



64. DIWALI CELEBRATION WITH TWEET-FOUNDATION

National Service Scheme, Sri Aurobindo College, Delhi University, organised "Jashn-e-tayohar" on November 6, 2023, at Tweet Foundation, Delhi, with Project (WE-HEAL). Exclusively for We-heal volunteers, the event featured Diya Decoration, Rangoli Making, Fun Games, Handmade Lamps, Delicious Cuisine, and Singing/Dancing to spread love's radiant light and bring joy to the transgender community.



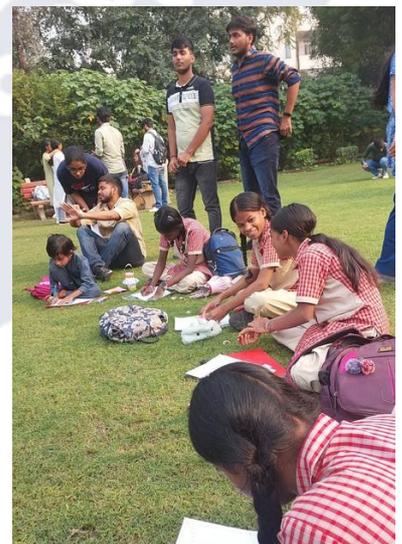
65. DIWALI DIL SE

National Service Scheme, Sri Aurobindo College, University of Delhi, organised "DIWALI DIL SE" on November 6, 2023, at DDA Park as part of Project-VASUNDHARA. The initiative aimed to spread joy by distributing home Diwali decorations to Kilkari children. Participants contributed items like diyas, paper lamps, banners, etc. The goal was to light up homes and bring smiles during the Festival of Lights.



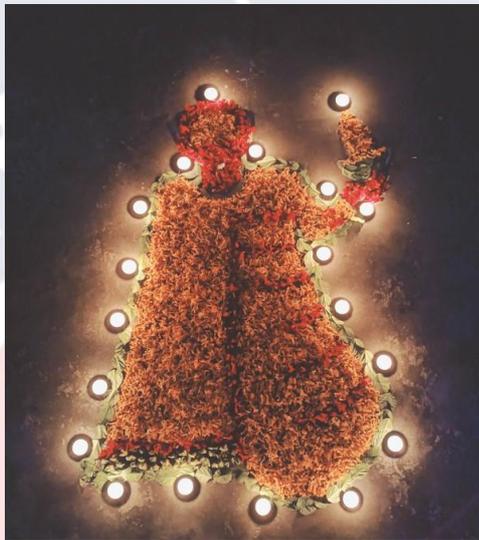
66. KALAKRITI

National Service Scheme, Sri Aurobindo College, University of Delhi, hosted "KALAKRITI" on November 6, 2023, at DDA Park, part of Project-Kilkari. The drawing competition aimed to nurture creativity among Begumpur slum children, providing a platform for expression. Open to all volunteers, it encouraged active participation and awarded distinctive stationery items to winners.



67. ECO-DIWALI

National Service Scheme, Sri Aurobindo College, celebrated "ECO-DIWALI" on November 12, 2023, promoting eco-friendly festivities through Project-VASUNDHARA. The initiative urged volunteers to embrace green decor, handmade diyas, and sustainable practices. Participants were encouraged to share photos and videos of their eco-friendly celebrations, fostering awareness. Green suggestions included flower petal rangoli, donating items, and spending quality time with loved ones. The event aimed to illuminate homes with eco-conscious joy and responsible Diwali choices.



68. SHADOWS OF CELEBRATION

National Service Scheme (PROJECT-KILKARI) celebrated "Shadows of Celebration," a Diwali-themed photography competition, on November 15, 2023. Volunteers captured the unseen aspects of Diwali, emphasising the well-being of children. The event, hosted through a Google form, urged participants to submit entries showcasing celebrations of the less fortunate and Diwali's aftermath. The initiative aimed to bring out the hidden beauty of Diwali, fostering compassion and unity.



69. CHANGE - WE BELIEVE IN

National Service Scheme, Sri Aurobindo College, celebrated "Change - We Believe In" on November 18, 2023, through Project (SAVIOUR). The event, dedicated to women's empowerment, aimed at fostering awareness and driving positive change. The dynamic PowerPoint presentation, inspired by Diane Mariechild's words, and an interactive quiz on influential women, history, and current challenges contributed to the impactful session held on Google Meet.



70. FIVE DAYS, FIVE CHALLENGES

National Service Scheme, Sri Aurobindo College, successfully hosted the "Five Days, Five Challenges" event from November 19th to 23rd, 2023, under Project-(WE-HEAL). Focused on unlocking wellness potential, participants embraced daily habits like consistent sleep, morning hydration, reading, exercise, and reflection. The challenges were tracked on a Google spreadsheet, fostering a collective pursuit of personal growth.

SRI AUROBINDO COLLEGE
UNIVERSITY OF DELHI
NATIONAL SERVICE SCHEME

PROJECT WE HEAL
presents
FIVE DAYS, FIVE CHALLENGE
(Challenges are what make life interesting)

Note:-
- open to all volunteers
- write your scores at the 6th day in Google sheet

Date :- 19th Nov - 23rd Nov
Through Google spreadsheet

Five days challenge
1. Fix time of sleeping and waking up
2. 7 to 8 hours of sleep
3. Drink a glass of water after waking up
4. Read 5 pages of non fiction book
5. 15 min of physical exercise

PROF. VIPIN KUMAR AGGARWAL
PRINCIPAL

PROF. SUBHANJALI CHOPRA
NSS PROGRAMME OFFICER

MR. AVANISH
PROJECT CO-ORDINATOR

SAKSHI KATARIA
NSS PRESIDENT
(9289048880)

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71. PICONIC

National Service Scheme (Project- Sehyog), Sri Aurobindo College, University of Delhi, hosted the enchanting event "Piconic" on December 1, 2023, at DDA park from 11 A.M. onwards. The delightful occasion brought volunteers together, creating an atmosphere of joy, friendship, and appreciation for nature's beauty. The event featured engaging activities and games, making the day memorable for everyone.



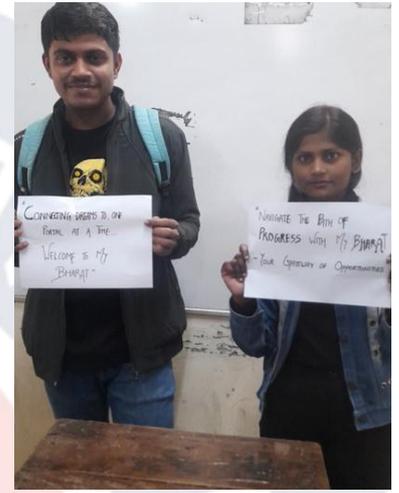
72. BREAKING THE SILENCE

National Service Scheme, Sri Aurobindo College, University of Delhi, hosted "Breaking the Silence" on December 4, 2023. The event united participants to combat gender-based violence through engaging conversations and impactful strategies. Your presence made a pivotal contribution to the lasting impact on this important cause.



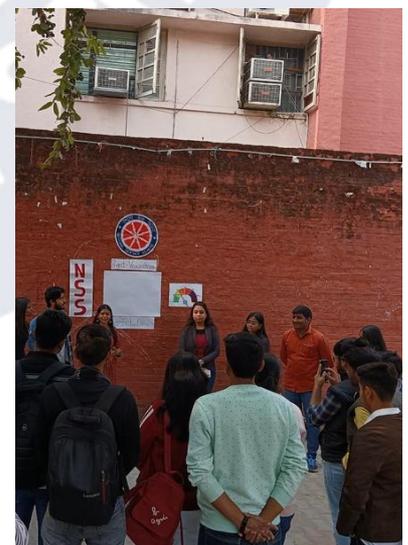
73. MY BHARAT PORTAL AWARENESS DRIVE

National Service Scheme, Sri Aurobindo College, University of Delhi, hosted the "Youth for Tomorrow initiative." In partnership with "Mera Yuva Bharat" (MY Bharat), volunteers were encouraged to register as "YUVA" for practical exposure in diverse sectors, imparting valuable skills to our youth. Participants registered [here](https://mybharat.gov.in/pages/youva_register). The initiative aimed to collectively empower the youth for a brighter future.



74. BREATHE LIFE

National Service Scheme, Sri Aurobindo College, University of Delhi, hosted the "AQI Awareness Event" (Breathe Responsibly) on December 12, 2023, at 11 A.M. at the Red wall. The initiative aimed to deepen awareness about the Air Quality Index (AQI), promoting eco-conscious celebrations and responsible choices. The team anticipated a vibrant gathering to illuminate the moment with brilliance and breathe new life into our planet.



75. 74TH ALL INDIA NATIONAL CONFERENCE

National Service Scheme, Sri Aurobindo College, University of Delhi, recently hosted the impactful 74th All India Commerce Conference from December 13-15, 2023. Held at the Faculty of Commerce and Business, the event aimed to empower minds through commerce for a sustainable future. Enthusiastic NSS volunteers played a crucial role in the engaging sessions from 9:00 AM to 5:00 PM, contributing to a vibrant exchange of knowledge and collaboration.



76. WINTER COLLECTION DRIVE

National Service Scheme Sri Aurobindo College, University of Delhi, organised a Winter Collection Drive from January 19 to 23 to support the underprivileged in staying warm during the cold season. Students and faculty enthusiastically contributed blankets, warm clothing, and essentials to help those in need. The drive aimed to spread warmth and compassion within the community, fostering a spirit of empathy and solidarity. Participants worked together to collect and distribute items, ensuring everyone could face the winter months comfortably and with dignity. This initiative at Sri Aurobindo College exemplified the power of collective action in making a positive impact on society.



77. WINTER DISTRIBUTION DRIVE

National Service Scheme Sri Aurobindo College, University of Delhi, conducted a Winter Distribution Drive on January 24th to provide essential warmth to the disadvantaged in our community. Students and faculty dedicatedly gathered and distributed blankets, jackets, and other winter necessities. The drive aimed to alleviate the harsh effects of winter, ensuring that everyone has access to basic comforts during the cold season. This compassionate initiative highlighted Sri Aurobindo College's commitment to social welfare and supporting vulnerable individuals in need.



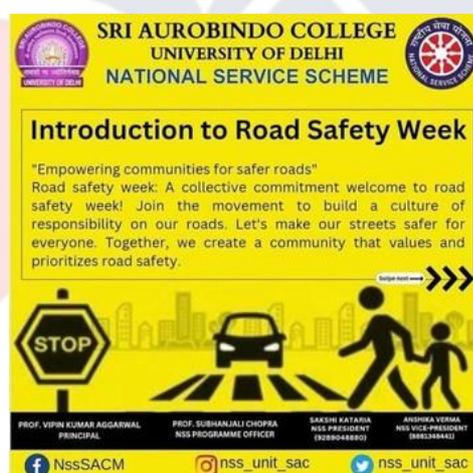
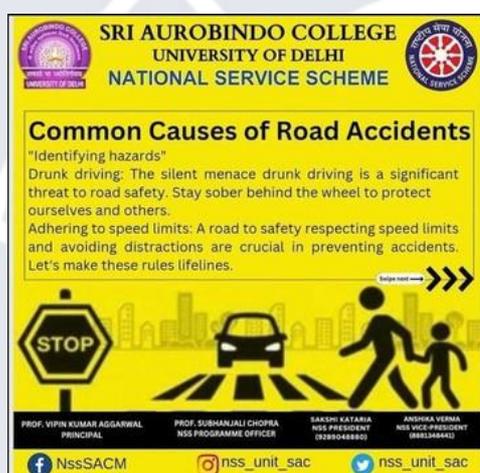
78. NATIONAL YOUTH FESTIVAL

National Service Scheme, Sri Aurobindo College, University of Delhi, recently hosted the 27th National Youth Festival 2024. The online inaugural ceremony featured a lively Road Safety Quiz, and participants shared moments on Google Drive. The event showcased unity, empowerment, and captivating student portrayals of Swami Vivekananda's legacy.



79. ROAD SAFETY WEEK

National Service Scheme Sri Aurobindo College, University of Delhi, actively participated in Road Safety Week, emphasising the importance of safe driving practices and pedestrian awareness. Students and faculty organised various activities including awareness campaigns, workshops, and mock drills to educate the community about road safety measures. The week-long initiative aimed to reduce accidents and promote responsible behaviour on the roads. Participants engaged in discussions on traffic rules, helmet and seatbelt usage, and the dangers of distracted driving. This event at Sri Aurobindo College underscored their commitment to fostering a safer environment for all road users.



80. MIND MINGLE

National Service Scheme, Project - KILKARI, Sri Aurobindo College, University of Delhi, orchestrated "Mind Mingle", an invigorating quiz competition held at DDA Park on January 25th, 2024, at 2 P.M. Open to all, it encouraged participants to bring curiosity and smiles, fostering a quest for wisdom. This initiative aimed to unlock realms of knowledge, celebrating Republic Day with a collaborative spirit.



81. WASTE - TO - WORTH

National Service Scheme, Project - VASUNDHARA, Sri Aurobindo College, University of Delhi, launched "Waste - To - Worth". An awareness drive on January 29, 2024, was followed by a collection drive on January 30, 2024, starting at 11 A.M. The mission encouraged active participation in recycling and reusing materials for a sustainable future.



82. HARMONY HUES-BLANKET DONATION DRIVE

National Service Scheme, Sri Aurobindo College, University of Delhi, launched "Harmony Hues" (Spreading Warmth, Kindling Hope), distributing blankets on February 1, 2024, at 11:00 A.M. The initiative aimed to provide warmth to those facing the bitter chill and infuse hope and solidarity in the community. The event successfully made a difference by brightening the winter for those in need.



83. बदलाव

National Service Scheme, Project - SAVIOUR, Sri Aurobindo College, University of Delhi, presented "□□□□□," a past rally focused on spreading education about gender equality. Inspired by Socrates' wisdom, the initiative emphasised building a new narrative rather than fighting the old. The event, held on February 2, 2024, at 12 noon in the college campus and local markets of Malviya Nagar, celebrated the strength, resilience, and potential of every woman, fostering positive change dream. Participants joined in creating a world where every woman could thrive and fulfil her dreams.



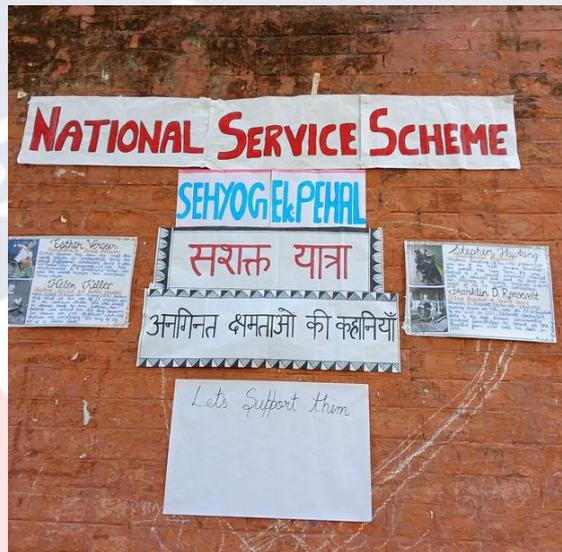
84. LETTER FOR FUTURE SELF

National Service Scheme, Project AOA (Action on Addiction), Sri Aurobindo College, University of Delhi, orchestrated the transformative event "Letter For Future Self" on February 5, 2024, at the Red Wall venue, commencing at 10:00 A.M. Participants engaged in expressing aspirations, setting positive growth intentions, and addressing the impact of addiction for a healthier future. The initiative fostered community support, creating awareness, and encouraging valuable self-reflection.



85. सश या ा

National Service Scheme (Project-Sehyog), Sri Aurobindo College, University of Delhi, hosted the event at the Red Wall venue. The event celebrated the indomitable spirit of individuals facing diverse abilities, showcasing stories of strength and resilience. Attendees had the opportunity to witness untold narratives of triumph over adversity, contributing to the rich tapestry of human strength. The organisers were grateful for the attendees' presence at this inspiring past event.



86. अवधारणा

National Service Scheme (Project-KILKARI), Sri Aurobindo College, University of Delhi, hosted "अवधारणा" on February 8, 2024, at Red Wall, 12:45 P.M. The event focused on children's development in slum areas, encouraging ideas to foster growth. Enthusiastic volunteers brought curiosity and smiles. The initiative prioritised education as a fundamental right, aiming to make a positive impact on the lives of children in slum areas. The NSS team appreciates the support received and looks forward to future impactful initiatives.



87. सजग

National Service Scheme, Project AOA, Sri Aurobindo College, Delhi, concluded the "□□□" rally on 13th Feb '23. Enthusiastic volunteers united for a healthier tomorrow, promoting wellness through running and a plant-based diet. Echoing community spirit, the event symbolised positive transformations and connected neighbourhoods. Kudos to all participants for contributing to societal well-being!



88. VOTER AWARENESS

National Service Scheme Sri Aurobindo College, University of Delhi, launched a voter awareness campaign to educate students and the community about the importance of voting in a democracy. Through workshops, seminars, and interactive sessions, participants were informed about their electoral rights and responsibilities. The campaign aimed to increase voter turnout and empower citizens to make informed choices during election selections. Discussions covered topics such as voter registration, electoral processes, and the significance of exercising one's franchise. This initiative at Sri Aurobindo College emphasised civic engagement and encouraged active participation in shaping the future of the nation.



89. VACCINATION AWARENESS

National Service Scheme Sri Aurobindo College, University of Delhi, conducted a vaccination awareness campaign to educate students and the community about the importance of immunization. Through informative sessions, posters, and outreach programs, participants were enlightened about the benefits of vaccinations in preventing diseases and promoting public health. The campaign aimed to dispel myths and misinformation surrounding vaccines, emphasizing their role in protecting individuals and communities. Discussions covered topics such as vaccine safety, schedules, and the collective responsibility in achieving herd immunity. This initiative at Sri Aurobindo College underscored their commitment to promoting health awareness and ensuring a healthier future for all.



90. KHELOTSAV

National Service Scheme (Project Kilkari), Sri Aurobindo College, University of Delhi, hosted "KHELOTSAV," a grand sporting gala aimed at nurturing holistic development among the youth of Begumpur slum on 17th February 2024 at 10 A.M. in DDA park. The event celebrated the spirit of sportsmanship and empowered the youth to reach greater heights. Open to all enthusiastic volunteers, attendees were kindly requested to wear NSS T-shirts. The event successfully promoted camaraderie and healthy competition among participants, fostering a sense of community and empowerment.



91. श

National Service Scheme (Project-Saviour and Project- Kilkari), Sri Aurobindo College, University of Delhi was thrilled to have presented the " " event on February 18, 2024. This initiative aimed to educate children about nurturing touch and its positive impact, empowering them with knowledge to ensure their well-being. Participants united to bridge gaps and foster positive transformation at DDA park venue. Your contribution mattered in building a safer world for every child, regardless of gender.



92. जागृकता या'5ा

National Service Scheme, Project Sehyog, Sri Aurobindo College, Delhi, successfully

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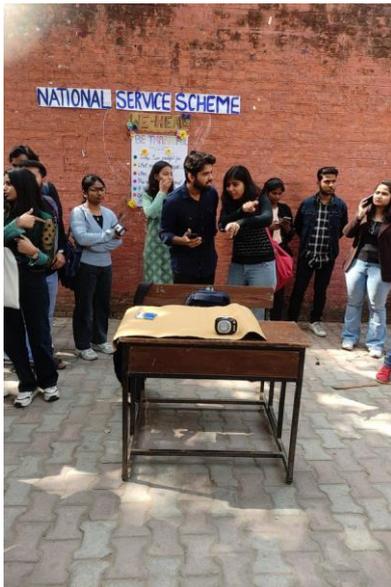
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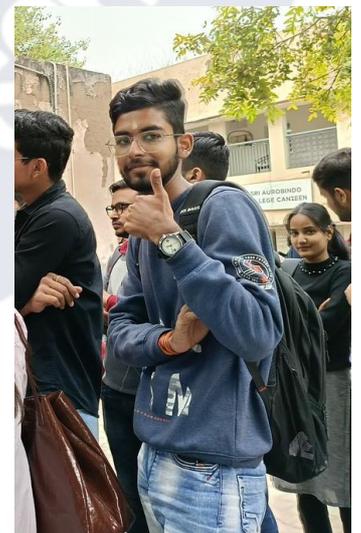
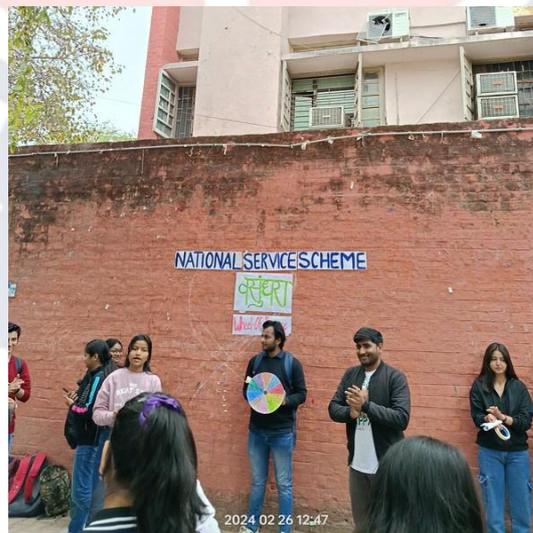
93. BE THANKFUL

National Service Scheme (Project - WeHeal), Sri Aurobindo College, University of Delhi, hosted "Be Thankful," an event embracing gratitude on 17th February 2024. Volunteers engaged in discussions prompted by designated questions, fostering enthusiasm and illumination. Participation was voluntary, encouraging attendees to join in a journey of inspiration and revelation. Let's celebrate gratitude and embark on a path toward jubilation and bliss together.



94. WHEEL OF PURPOSE

National Service Scheme, Project Vasundhara, Sri Aurobindo College, University of Delhi, hosted the "WHEEL OF PURPOSE" event. Participants engaged in a fun game to raise awareness about environmental issues. Held on February 26, 2024, the event encouraged passionate discussions on sustainability. Gratitude to all participants for their contribution towards a greener future.



95. आरोग णी

National Service Scheme, (Project-Saviour), Sri Aurobindo College, University of Delhi, recently hosted "आरोग णी" on March 6, 2024. The event, dedicated to women's holistic well-being, featured Dr. Anita Sabharwal, a distinguished gynaecologist. Attendees explored future women's health, preventive measures, and mental well-being through interactive discussions and engaging activities at the Red Wall and NSS Wall. "आरोग णी" stands as a commitment to empower women for healthier lives and brighter futures.



96. CHEERFUL HEARTS

National Service Scheme (Project- WE HEAL) ,Sri Aurobindo College, University of Delhi, recently organised "CHEERFUL HEARTS", spreading cancer awareness and joy to kids at Kids' Cancer Care Centre. The event included traditional games, yoga sessions, and arts and crafts for NSS volunteers. Held on 7th March 2024, the initiative aimed to show that cancer cannot defeat love or hope. Let's join hands in the fight against cancer.



97. TALK ABOUT NOMOPHOBIA

National Service Scheme, Project AOA (Action on Addiction), Sri Aurobindo College, University of Delhi, proudly presented the Digital Detox event on March 11, 2024. Participants broke free from Nomophobia, assessed phone habits with a 2-minute history check, and embraced a freedom quiz and liberation workshop. This initiative aimed to cultivate a healthier relationship with technology, liberating minds from the chains of mobile captivity.



98. आशा क करण

National Service Scheme, Sri Aurobindo College (Project - Sehyog), University of Delhi, conducted the heartwarming street show "□□□ □'r f□ □□" on March 12, 2024. Inspired by Helen Keller's wisdom, the event aimed to spread warmth and hope by raising awareness for specially-abled individuals. Volunteers actively participated, emphasising the theme of lending a helping hand to those in need. The initiative fostered community spirit and empathy, making a positive impact through collective efforts. The team eagerly awaits more opportunities to contribute to meaningful societal changes.



99. YOGA SESSION

National Service Scheme (Project - WeHeal), Sri Aurobindo College, University of Delhi, presented the "Yoga Session" on March 14, 2024, at the seminar hall. The event featured an interactive session on yoga and meditation by Prof. Anjali Bhatnagar, focusing on practical approaches to mental wellness through yoga asanas. Volunteers were encouraged to wear the NSS T-shirt for active participation. The session fostered vibrant discussions and elevated perspectives, promoting a sense of gratitude and warmth among participants.



100. ECO-DIVERSITY

National Service Scheme, Sri Aurobindo College, University of Delhi, introduced an eco-friendly startup under Project VASUNDHARA, featuring beautifully adorned handmade planter pots. This initiative aimed to cater to nature enthusiasts and eco-conscious individuals, promoting sustainable living and fostering environmental consciousness. The collaborative effort contributed to a greener and more sustainable lifestyle.



101. 8TH NARI SHAKTI CONCLAVE

National Service Scheme, Sri Aurobindo College, University of Delhi, hosted the empowering 8th Nari Shakti Conclave on 7th March 2024. Honoured by Chief Guest Smt. Smriti Zubin Irani, The event celebrated women's strength and unity. Female volunteers registered on the NaMo App, receiving certificates, wristbands, and T-shirts at the lively venue, the Multipurpose Hall, Delhi University Sports Stadium Complex. The NSS reaffirmed its commitment to an empowered nation.



102. SHADOWS OF CELEBRATION

National Service Scheme (PROJECT-KILKARI) celebrated "Shadows of Celebration," a Diwali-themed photography competition, on November 15, 2023. Volunteers captured the unseen aspects of Diwali, emphasising the well-being of children. The event, hosted through a Google form, urged participants to submit entries showcasing celebrations of the less fortunate and Diwali's aftermath. The initiative aimed to bring out the hidden beauty of Diwali, fostering compassion and unity.



103. REHAB RECONNECT

National Service Scheme, Project AOA (Action on Addiction), Sri Aurobindo College, University of Delhi, hosted the "Rehab Reconnect" event on March 13, 2024, at Shantiratan Foundation, Chhattarpur. The day featured a jamming session, fun games, and meaningful interactions with individuals at the rehabilitation centre. Exclusive to AOA volunteers, it offered a transformative experience fostering unity and empathy. The following day, volunteers eagerly shared their enriching experiences, expressing satisfaction and profound insights gained from the visit.



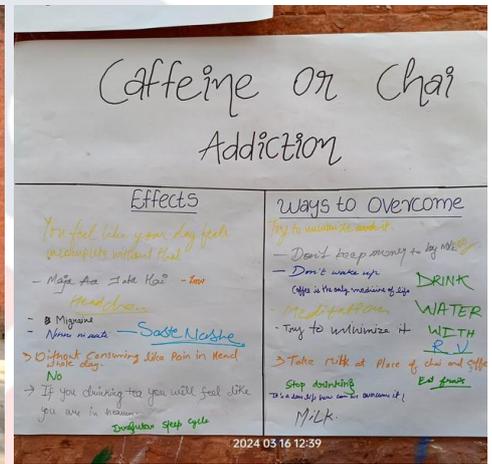
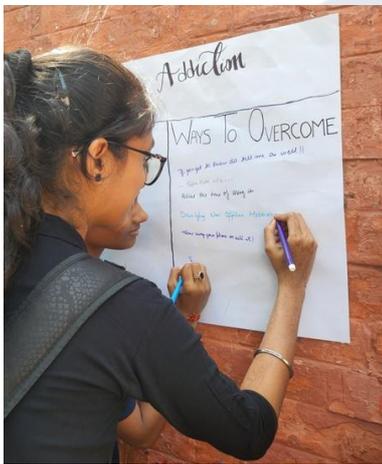
104. EARTH WARRIORS

National Service Scheme's Project Vasundhara at Sri Aurobindo College, University of Delhi, organised "Earth Warriors," an environment awareness drive for children on March 16, 2024, at DDA Park, starting at 2:00 P.M. The event aimed to educate children about environmental issues and solutions through presentations and interactive sessions. Activities included a drawing competition and a waste identification game. Volunteers were asked to wear NSS T-shirts. It was a memorable experience in raising environmental awareness.



105. VANQUISH

National Service Scheme's (Project AOA) Action on Addiction, Sri Aurobindo College, University of Delhi, presented "Vanquish: Break Free, Embrace Liberation!" on March 16, 2024, at Red Wall, starting at 11:45 A.M. The event highlighted various forms of addiction and encouraged attendees to overcome them through activities like wordplay challenges, sharing sessions, and interactive workshops. Participants wore NSS T-shirts. It was an empowering experience, fostering connections and offering insights to reclaim autonomy and fulfilment! Let's continue the movement to conquer addiction and reclaim our true potential.



106. HANDS THAT SPEAK

National Service Scheme's (Project Sehyog), Sri Aurobindo College, University of Delhi, proudly presented "Hands that Speak" on March 16, 2024, at Red Wall, starting at 12:45 A.M. The event celebrated the importance of sign language, catering to both beginners and experienced signers. Whether attendees were learning basics or expanding skills, it offered a perfect opportunity for anyone interested in the beautiful world of sign language. Volunteers wore NSS T-shirts. It explored sign language's beauty and power, bridging communication barriers and appreciating its richness. The organisers looked forward to active participation and sharing this experience.



107. GESTURAL VOICES

National Service Scheme's (Project KILKARI) at Sri Aurobindo College, University of Delhi, curated an enlightening event dubbed "Gestural Voices" on March 20, 2024, at DDA Park, commencing at 2:00 P.M. This occasion delved into the intricate communication methods of the deaf and mute, fostering profound understanding and connection within the community. Participants delved into the profound significance of sign language, with NSS T-shirts serving as mandatory attire. Let's collectively embark on this journey toward a more inclusive future.



108. रंगो सव

National Service Scheme (Project KILKARI), Sri Aurobindo College, University of Delhi, organised "रंगो सव" (The Colors Festival) on March 20, 2024, at DDA Park, starting at 2:30 P.M. The event celebrated Holi, the festival of love and togetherness, with pathshala children. Volunteers were requested to wear NSS T-shirts. Participants came together to fill their lives and those around them with the vibrant colours of the rainbow, creating lasting memories and spreading joy to those who needed it most. It was a joyous occasion filled with laughter and camaraderie.



109. ECO-HOLI

National Service Scheme (Project VASUNDHARA) ,Sri Aurobindo College, University of Delhi, organised "Eco-Holi" on March 21, 2024, at Red Wall, commencing at 12:45 P.M. The event aimed to raise awareness about environmentally harmful Holi celebration practices and encourage Eco-friendly celebrations. Volunteers were requested to wear NSS T-shirts. Participation and support were crucial in making the event a success and spreading awareness about eco-friendly celebrations. Let's come together to make a positive impact on our planet.



110. SWARGINI (BOLLYWOOD SOLO SINGING COMPETITION)

National Service Scheme Sri Aurobindo College, University of Delhi, hosted an enchanting rendition of SWARAGINI (Bollywood Solo Singing Competition) during NSS Annual Fest, UNNATI 24. Participants dazzled the audience with soulful Bollywood melodies, their voices echoing through the halls of creativity. The atmosphere was electric as each performer poured their heart into their performances, creating moments of pure musical magic. SWARAGINI was not just a competition; it was a celebration of passion, talent, and the power of music to unite.



111. HUSTLE (RAP BATTLE).

National Service Scheme Sri Aurobindo College, University of Delhi, rocked the stage with HUSTLE (Rap Battle) during NSS Annual Fest, UNNATI'24. The event was a showcase of lyrical prowess and rhythmic flair. Participants engaged in fierce battles of words and beats, delivering powerful messages through their rap performances. The audience was enthralled by the energy and creativity displayed, as each rapper brought their unique style and storytelling skills to the forefront. HUSTLE wasn't just about competition; it was a platform for self-expression, unity, and the art of hip-hop culture.



112. धन

National Service Scheme Sri Aurobindo College, University of Delhi, brought the streets alive with नूकड नाटक प्रतियोगिता (Nukkad Natak Competition) during NSS Annual Fest UNNATI 24. The campus buzzed with the energy of theatrical storytelling, as teams performed thought-provoking dramas in every corner. Spectators gathered around, immersed in the powerful narratives and vibrant performances that highlighted social issues and sparked conversations. नूकड नाटक प्रतियोगिता was more than just a competition; it was a dynamic showcase of talent, creativity, and advocacy for positive change. The event resonated with the audience, inspiring them to reflect and engage with important societal themes.



113. ECHOES OF NATURE (OPEN MIC COMPETITION)

National Service Scheme Sri Aurobindo College, University of Delhi, hosted ECHOES OF NATURE (Open Mic Competition)* during NSS Annual Fest, UNNATI 24. The event resonated with the serene beauty of nature as participants shared their poetry, music, and spoken word pieces inspired by the natural world. Each performance echoed the wonders of the environment, stirring emotions and fostering a deeper connection to our planet. The audience was captivated by the heartfelt expressions and artistic interpretations, creating a harmonious atmosphere of appreciation and reflection. ECHOES OF NATURE celebrated creativity and reverence for nature, leaving a lasting impact on all who attended.



114. RHYTHM RUMBLE (THE ULTIMATE DANCE BATTLE)

National Service Scheme Sri Aurobindo College, University of Delhi, ignited the dance floor with RHYTHM RUMBLE (The Ultimate Dance Battle) during NSS Annual Fest, UNNATI'24. Enthusiastic dancers showcased their moves and storytelling skills, each performance telling a unique tale through rhythm and style. The atmosphere was electric as competitors vied for the title, captivating the audience with their energy and passion for dance. RHYTHM RUMBLE was a celebration of creativity, expression, and the joy of movement, uniting participants and spectators alike in an unforgettable dance extravaganza.



115. FIMIFIESTA (BOLLYWOOD THEME COMPETITION)

National Service Scheme Sri Aurobindo College, University of Delhi, dazzled with FIMIFIESTA (Bollywood Theme Competition)* during NSS Annual Fest, UNNATI'24. Participants unleashed their creativity and brought Bollywood to life with vibrant thematic presentations. The event was a kaleidoscope of colours, music, and dance, as teams embodied the magic and drama of Indian cinema. Spectators were treated to a visual feast of elaborate costumes and dynamic performances, evoking the spirit of Bollywood's glamour and storytelling prowess. "FIMIFIESTA" was a joyous celebration of cultural richness and cinematic magic, leaving everyone mesmerised and inspired.



116. JASHN-E-RANG (RANGOLI MAKING COMPETITION)

National Service Scheme Sri Aurobindo College, University of Delhi, hosted JASHN-E-RANG (Rangoli Making Competition) during NSS Annual Fest, UNNATI'24. Participants showcased their artistic flair with stunning rangolis reflecting vibrant cultural heritage. The campus bloomed with intricate designs, each rangoli telling a unique story of creativity and tradition. Spectators marvelled at the beauty and craftsmanship, appreciating the meticulous details and symbolism. "JASHN-E-RANG" celebrated artistic expression and community spirit, uniting participants in a joyful display of creativity.



117. MASTER CRAFT (BEST OUT OF WASTE COMPETITION)

National Service Scheme Sri Aurobindo College, University of Delhi, hosted "MASTERCRAFT" (Best Out Of Waste Competition)* during NSS Annual Fest, UNNATI'24. Participants unleashed their creativity by transforming discarded materials into extraordinary creations. The event was a showcase of innovation and sustainability, as each creation breathed new life into old objects. Spectators admired the ingenuity and craftsmanship, witnessing how artistry and resourcefulness could coexist beautifully. "MASTERCRAFT" celebrated the power of creativity and environmental consciousness, inspiring everyone to rethink waste and embrace creativity.



118. REEL IT FEEL IT (REEL MAKING COMPETITION)

National Service Scheme Sri Aurobindo College, University of Delhi, hosted *REEL IT FEEL IT (Reel Making Competition)* during NSS Annual Fest, UNNATI'24. Participants showcased their storytelling skills through the lens of a camera, capturing emotions and narratives that resonated deeply with the audience. Each film explored diverse themes and perspectives, sparking meaningful conversations and evoking powerful emotions. Spectators were captivated by the creativity and cinematic artistry on display, appreciating how each reel brought unique stories to life. "REEL IT FEEL IT" celebrated the art of filmmaking and its ability to inspire, entertain, and provoke thought, leaving a lasting impact on all who experienced it.



119. MANTHAN (INTER NSS PRESENTATION COMPETITION)

National Service Scheme Sri Aurobindo College, University of Delhi, hosted MANTHAN (Inter NSS Presentation Competition) during NSS Annual Fest, UNNATI'24. Participants delved deep into societal issues, presenting innovative solutions that aimed to foster positive change and community development. Each presentation was a testament to the power of ideas and collaboration in addressing pressing challenges. Spectators were inspired by the passion and creativity shown in tackling various issues affecting society. "MANTHAN" exemplified the spirit of social responsibility and collective action, encouraging dialogue and engagement on critical issues.



120. MAD-AD (FICTIONAL PRODUCTS COMPETITION)

National Service Scheme Sri Aurobindo College, University of Delhi, hosted "MANTHAN" (Inter NSS Presentation Competition) during NSS Annual Fest, UNNATI'24. Participants delved deep into societal issues, presenting innovative solutions that aimed to foster positive change and community development. Each presentation was a testament to the power of ideas and collaboration in addressing pressing challenges. Spectators were inspired by the passion and creativity shown in tackling various issues affecting society. "MANTHAN" exemplified the spirit of social responsibility and collective action, encouraging dialogue and engagement on critical issues.



121. OFFICIAL PHOTOGRAPHS

National Service Scheme, Sri Aurobindo College, University of Delhi, proudly showcased the official photographs of all its projects . Each photo captured the dedication and hard work of the volunteers , highlighting their efforts in various initiatives . From cleanliness drives to health camps , and educational programs , the images reflected the vibrant spirit and commitment of the team . The gallery was adorned with smiles , teamwork , and the impactful change they brought to the community . It served as a colourful testament to the meaningful contributions of the NSS volunteers , inspiring others to join the cause and make a difference .



122. KIDDO FEST (SRCC)

National Service Scheme Sri Aurobindo College, University of Delhi, had the privilege of hosting students from Begumpur at SRCC . We showcased our vibrant cultural dances, melodious music, and captivating drama performances , leaving the audience in awe and spreading joy throughout the venue . This initiative not only celebrated Begumpur's rich cultural heritage but also strengthened the bond between our college and their village, fostering deep connection and camaraderie. It truly exemplified our dedication to cultural exchange and community unity.



123. SAMARPAN 24

National Service Scheme, Sri Aurobindo College, University of Delhi, proudly participated in AAGMAN, the opening ceremony of Samarpan 24 organised by NSS SRCC. The event, graced by esteemed dignitaries Dr. Kiran Bedi and Mr. Amarendra Khatua, took place on April 18, 2024, at the Shriram Shridhar Auditorium, SRCC, with a reporting time of 10:30 AM. Our students enthusiastically attended, contributing to the vibrant atmosphere. Additionally, the talented children from our adopted village Begumpur showcased their skills, adding to the community spirit of the occasion.



124. BEYOND LIMITS

National Service Scheme, Sri Aurobindo College, University of Delhi, proudly announced the "Beyond Limits" poster-making competition as part of Project Sehyog, inspired by Andy Warhol's words on art collaboration. Participants were invited to unleash their creativity and vision on the theme of "Specially Abled." The event took place on April 24, 2024, at the Red Wall venue. Participants had the option to create posters online or offline, strictly adhering to the theme. E-certificates were awarded to the winners. Active participation was encouraged, with queries directed to the provided contacts. Let's celebrate the collaboration between art and visionaries.



125. NUKKAD NATAK 2.0

National Service Scheme, Sri Aurobindo College, University of Delhi, recently hosted "NUKKAD NATAK 2.0," a compelling street theatre event aimed at raising awareness about environmental conservation. Held on April 23, 2024, at the college ground, the event showcased talented performers who delivered thought-provoking messages on the urgent need to protect the planet. Through captivating performances, the event aimed to ignite environmental consciousness among the audience and inspire them to take action for a greener, more sustainable future. Joining hands, the community came together to support this noble cause and spread positivity about preserving our precious environment.



126. AI ENABLEMENT

National Service Scheme, Sri Aurobindo College, University of Delhi, presented "AI ENABLEMENT" as part of Project Sehyog, delving into the realm of artificial intelligence. Inspired by Marvin Minsky's words, the event aimed to explore AI's potential in enhancing abilities and fostering innovation. It took place on April 26, 2024, at the Red Wall venue, starting at 12:45 PM. Participants wore NSS t-shirts and uncovered insights to create a better tomorrow through AI. Enthusiasts showcased their zenith in this exciting journey of AI exploration.



127. TAAL TARANGINI

National Service Scheme (Project - KILKARI), Sri Aurobindo College, University of Delhi, delighted audiences with "TAAL TARANGINI," a dance competition held on April 26, 2024, at 2 PM in DDA. The event aimed to showcase hidden talents among Kilkari students, featuring energetic performances that embodied the spirit of dance as happiness. Volunteers adorned in NSS T-shirts added to the vibrant atmosphere. Participants and spectators alike were welcomed with light and hopes, as bodies danced to the rhythm of joy and passion. The gathering witnessed a delightful showcase of talent and passion through dance performances.



128. BLOOD DONATION DRIVE

National Service Scheme, Sri Aurobindo College, University of Delhi in collaboration with the Red Cross Society proudly presented the "BLOOD DONATION DRIVE." Held on April 30, 2024, at the college premises, the drive was inclusive for all. Essential guidelines included eating a nutritious meal 2-3 hours before donating blood, waiting for 3 months if previously donated, being at least 18 years old, consulting a doctor if on medication, and staying hydrated. Let's together craft a tapestry of positivity.



129. NOSTALGIA

National Service Scheme, Sri Aurobindo College, University of Delhi presented "nostalgia", an old age home visit event held at Rojavanam Old Age Home on 1st May 2024, aimed at fostering connections and spreading joy among elderly residents. Volunteers enthusiastically engaged in delightful games, rhythmic dance, melodious singing, and interactive storytelling sessions, creating unforgettable memories and leaving a lasting impact on the hearts of the elderly. The event exemplified the power of companionship and kindness, illuminating the lives of our cherished elderly friends with warmth and love.



130. पयायवरण मलन

National Service Scheme (Project - Vasundhara), Sri Aurobindo College, University of Delhi, delightedly presented "□□□ □□□□ f□ □□," a plantation drive dedicated to fostering a greener, cleaner future in our society. The event took place on May 3, 2024, at 10:00 A.M. in Hauz Rani, where volunteers united for a sustainable tomorrow through collective efforts. All volunteers were encouraged to wear their NSS T-shirts and arrived promptly for this green community initiative. The event was open for participation to all volunteers, promising an impactful endeavour towards genuine societal change.



131. HYGIENE HUSTLE

National Service Scheme, Sri Aurobindo College, University of Delhi, organised a remarkable event, Hygiene Hustle, on April 24, 2024, at Begampur, aiming to support menstruation health through donations and paid aid. The initiative, dubbed Helping Hands for Hygiene, focused on empowering women and ensuring their access to basic hygiene resources. With great enthusiasm, participants joined hands to create a positive impact on society, making the event a resounding success. Through collective efforts, the event brought hope and support to many, emphasizing the importance of women's wellness and hygiene.



132. TAMASHA

National Service Scheme, Project AOA (Action on Addiction), Sri Aurobindo College, University of Delhi hosted "LIBERATION RISE," an event aimed at empowering individuals and transforming communities. Held on 27th at 10:00 AM at DDA, the event featured potent performances that portrayed the struggles of addiction and underscored the importance of informed voting. Through compelling narratives and stirring acts, attendees were enlightened about the critical issues and encouraged to make judicious voting choices for a brighter future. The event ignited a flame of social awareness, empowering individuals to break free from addiction and contribute to building a healthier, more empowered society.



133. SCRIBBLE DAY

National Service Scheme, Sri Aurobindo College, University of Delhi, organised Vibes of Victory: Scribble Day on 6th May, 2024, starting at 10:00 AM. Volunteers dressed in white attire showcased their creativity with scribbling tools. The event featured distribution of 120-hour certificates, membership certificates, and the official NSS photograph, fostering community and achievement.



134. ANNUAL DAY

National Service Scheme, Sri Aurobindo College, University of Delhi, celebrated its Annual Day with grand festivities. The event kicked off with a mesmerising cultural performance, showcasing the diverse talents of students. The chief guest, a distinguished alumnus, delivered an inspiring speech, encouraging students to strive for excellence. Various stalls, games, and exhibitions filled the campus with excitement and joy. The day concluded with an award ceremony, recognizing outstanding contributions. The atmosphere was electric, filled with laughter, cheers, and a sense of unity. It was a memorable day for everyone involved.



135. SARANSH

National Service Scheme, Sri Aurobindo College, University of Delhi celebrated its 135th event, "Saransh'24," with great enthusiasm. The event took place on July 7th, 2024, at 11:00 A.M. in the Seminar Hall. The celebration was a heartfelt farewell to our mentor and fellow members, whose guidance illuminated our transformation. Reflecting on their legacy, we cherished memories, conquered challenges, and embraced progress. Attendees were instructed to wear their NSS T-shirts and carry their college ID cards. The event marked new chapters for all, honouring the past, embracing the future, and acknowledging our collective journey.

